

Stand Up! Speak Out!

A SONG FOR ALL SIZES

Big or small, black or white, short or tall, we need to welcome one and all!

Guide for Discussion, Reflection, and Role Play

As a nation of immigrants, let's celebrate our diversity and learn from each other's many differences!

Vocabulary – New Words to Draw Pictures of and Talk About!

A song for all sizes: (a metaphor meaning) a song for all different kinds of people

chicken coop: a house for hens (female chickens) where they can safely lay their eggs

creed: a set of beliefs that guides us (people from different cultures or faiths may have different creeds)

French toast: a breakfast dish made from bread that is not fresh (stale—a little dry), soaked in egg (or egg and milk) and cooked in a pan or on a grill (it's popular in the US and many—not just France)

globe: a ball or sphere; the earth is round and may be described as a globe

grass roof: a roof made out of grass, used in some parts of the world where the weather is warm; also called a thatched roof; some roofs today are called “green roofs” because they have grass growing on them, to absorb rainwater and create a natural habitat for wildlife, even in the middle of a city

igloo: a house made of snow, used by some Inuit (native people) in the Canadian Arctic, a very cold place

miso soup: a soup popular in Japan, made from miso (a paste of fermented soy beans)

moccasins: soft shoes made from pieces of leather that are stitched together, first worn by native Americans

plátanos: the Spanish word for a kind of banana used for cooking in many tropical cultures; called plantains in English

tortilla: a Mexican flatbread made from corn flour or wheat flour; in Spanish-speaking countries, tortilla is the Spanish word for “omelette” (an egg dish made in a pan)

tradition: something special that your family does now that your family has done for many years

tropical isle: “isle” is short for island; a tropical island is an island near the Equator, where it is very hot

We're a spinning globe of colors and creeds and people of every kind

1. Our differences make us unique! We can be proud of being exactly how we are. We can also be respectful—and learn a lot—from people who are different from us. Have you met or seen different kinds of people, in school, on TV, on a trip with your family? How are people different?
 - How they look: different color eyes, skin, hair, different ways of dressing
 - How they speak: different languages, different accent
 - How they live: different ways of cooking, eating, playing, dancing, praying
2. In what ways are people the same? Think of some of the things we all need:
 - A safe place to live, safe place to go to school and get a good education
 - Clean air to breathe, clean water to drink, good food to eat
 - Love! Family! Friends!

French toast for breakfast or miso soup / Tortillas and plátanos / or eggs from your chicken coop?

3. Have you ever tried any of those foods? If yes, where? Did you like them?
 - If not, which ones would you like to try?
 - Describe or draw a picture of a special food that your family makes.
4. Describe in words or pictures one of your family's traditions (a meal, a holiday, an activity)