

Stand Up! Speak Out!

DON'T TAKE THE BAIT: "Don't get hooked on somebody else's line" *Guide for Discussion, Reflection or Role Play*

We can Stand Up! Speak Out! We can also walk away and refuse to be pulled into someone else's bad day!

Vocabulary

metaphor: a figure of speech describing one (actual) thing to help us better understand another thing

bait: something (like a worm) that we put on the hook at the end of a fishing line, to try to catch fish;
as a metaphor: something a person says or does to get someone into a fight

challenge: something that's hard to do at first, but when we work hard, it gets easier; an "ocean of challenges": a metaphor meaning a lot of challenges

Don't take the bait (as a metaphor): If someone says something mean--and they're just trying to get you to fight with them--don't listen to them, walk away

Don't get hooked on somebody else's line (a metaphor): Don't let someone make you say or do something that you don't want to do or say

fuse: a line connected to something dangerous (like a firecracker); if someone lights the fuse (with a match) the firecracker will explode; as a metaphor: something that makes someone angry

ignite: to set on fire; as a metaphor: to get very angry

limelight: the bright light that shines on a performer on a stage; as a metaphor: the focus of attention (someone who likes to be "in the limelight" is someone who wants a lot of attention)

Somebody's fishing for a fight

1. Describe or role play what someone might say or do when they are "fishing for a fight"
 - What words might they use: name calling, saying something unkind
 - How might they act: pushing, leaving someone out on purpose

Somebody's looking for a fuse to light

2. What's the difference between disagreeing and "looking for a fuse to light"?
 - We can disagree about how to play a game (for instance) without being unkind to each other
 - Someone who is "looking for a fuse to light" is trying to make someone angry for no reason

Somebody's wishing for time in the limelight

3. Sometimes it's nice to be "the center of attention." Sometimes we like it, sometimes we don't
 - What kind of attention do you like? What kind of attention do you *not* like?
 - What's the difference between "positive attention" and "negative attention"?
 - Why do you think someone would do something bad or mean to get attention?

Don't take the bait / Don't get hooked on somebody else's line

4. How do you decide when to tell yourself, "Walk away, don't take the bait"?
 - If someone is trying to get you to do something that you know is wrong or dangerous
 - If someone is trying to get you to "prove" that you're brave or strong
 - If you feel uncomfortable or unsafe around this person
5. What should you do if someone is trying to "bait" you or get you "hooked on their line"?
 - Walk away
 - Tell them to STOP and then walk away
 - Ask a friend or an ALLY to walk away with you
 - Go get help if you think someone is going to hurt you or someone else